

Top 10 Questions for Progress Exams

1.

Have you recently had any negative changes in your life that are affecting your health? *i.e., new health problem, work stress, injury, new medication, family problems, etc.*

2.

Have you made any improvements in your daily habits to minimize subluxations and to improve your health? *i.e., started exercise, changed diet, tools to deal with stress, improved relationships, better job, etc.*

3.

What can you do NOW that you could not do before? *i.e., sports, eat certain foods, pick up children/grandchildren, etc.*

4.

Do you want to continue working together with us at this time? *Yes, No, Other*

5.

What frequency do you currently feel is best to continue on your path to health? *I will follow what is recommended, 3x times/week, 2x times/week, 1x time/week, 1x time/two weeks, 1x month, Other*

6.

How would you rate our services? *1 to 5 stars*

7.

If less than 5 stars: What would we have to do next time to earn 5 stars?

8.

How likely are you to recommend (your clinic name) to a friend or a family member? *Rate 0-10*

9.

Is there anyone who you think could benefit from having their spine and nervous system checked at our center? *Please tell us who (up to 3)*

10.

Is there anything else you would like to discuss with us at this time?